

# Medical certificate

**Salutation**

**Name**

**born**

**Street**

**ZIP**

**City**

**Country of residence**

**is an insulin dependent diabetic and therefore has to rely on a regular supply of insulin.  
In order to ensure correct therapy, the following should be carried when traveling:**

**insulin cartridges**

**insulin syringes**

**insulinpens**

**insulin pump with accessories**

**tablets**

**glucagon syringes**

**urine glucose test strips**

**blood glucose test strips**

**blood glucose meter**

**blood lancets with pricking device**

**ketone test strips**

**dextrose-containing sweets**

**sensor and transmitter for continuous glucose monitoring (CGM)**

**sensor and scanner for flash glucose monitoring (FGM)**

**coolants for cooling insulin (gel pads, cool packs, storage, e.g.)**

**Date**

**Stamp and signature**